

CERTIFICATE OF PARTICIPATION

This is to certify that

Lyno Muchena

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 02:51:28

PACE 03:33/km **OVERALL** 4 of 421

GENDER 4 of 366 SENIOR (20- 4 of 182 39)

outLime

Signature

26 October 2019, Sat

Date